Shopping list by section

Sorted the way the grocery store is laid out, so you don't have to wander.

Produce

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Meat and seafood

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Dairy and refrigerated

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Bakery

- [ ]
- [ ]
- [ ]

Dry goods

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Canned goods

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Frozen

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Pantry (restock)

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Other

- [ ]
- [ ]
- [ ]

Before you go: open the fridge and the pantry and cross off what you already have. Anything about to expire, use it this week. At the store, cold food goes in the cart last and into the fridge first when you get home.